

# Tomato, carrot and green salad

## Ingredients

1 large lettuce

1 carrot

1 cucumber

1 handful of cherry tomatoes (or two large tomatoes)

4 Spring onions

## For the dressing

Add 1 tablespoon lemon juice, 1 tablespoon of olive oil and 1 tablespoon of vinegar

## Method

Wash all leaves, fruit and vegetables thoroughly

Chop up the lettuce, tomatoes, cucumber and onions

Put in a large bowl

Grate carrots and add them to the bowl

Mix the salad together. Mix the oil, vinegar and lemon juice in a cup and then stir into the salad.

