

## PROGRAMME OF ACTIVITIES – Autumn 2021

Main Hall and rooms available for hire weekdays, evenings and weekends.  
For more details contact [bookings@elizabeth-house.org.uk](mailto:bookings@elizabeth-house.org.uk) or call 020 7690 1300.

| Day              | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   | Sunday   |
|------------------|--|---|---|--|---|--|--|
| <b>MORNING</b>   | <p>9.30-10.30<br/>Aerobics (Fee)</p> <p>10.00-11.15<br/>Toddler ballet (Fee)</p> <p>11.30-1.00<br/>Women's support group<br/><b>*FREE*</b></p> <p>10.30-11.30<br/>Tiny Time (Fee)</p> <p>9.30-2.30<br/>Help On Your Doorstep</p> | <p>9.30-10.45<br/>Community Yoga with Mel (Fee)</p> <p>10.00-11.00<br/>German Baby 'Sing along' (Fee)</p> <p><b>11:00-2:00<br/>Community Food Hub</b></p> | <p>9.30-10.30<br/>Women Only Fitness<br/><b>*FREE*</b></p> <p>10.45-12.45<br/>Reading Group<br/><b>*FREE*</b></p> <p><i>11.00-2.00<br/>Blue House Club (over 50's)<br/><b>*FREE*</b><br/>Back in Oct!</i></p> | <p>10.30-3.00<br/>NLFS (closed group)</p> <p>9.30-10.50<br/>Martin Avril Toddler group (Fee)</p> <p>11.15-12.45<br/>Toddler Ballet (2-4) (Fee)</p> | <p>9.30-10.30<br/>Women Only Fitness<br/><b>*FREE*</b></p> <p><i>11.00-1.30<br/>Lunch and Play (early years)<br/><b>*FREE*</b><br/>Back soon!</i></p> | <p>10.00-12.00<br/>Sports School (2-6) (Fee)</p> <p>11.00-12.00<br/>Spanish Baby and Toddler Group (Fee)</p> | <p><i>Rooms for hire<br/>10.30-8.00 pm</i></p> |
| <b>AFTERNOON</b> | <p>11.00-3.00<br/>PPCP IT Training &amp; Employment<br/><b>*FREE*</b></p> <p><b>3.30-6.00<br/>After School Club</b></p>  | <p>11.00-3.00<br/>PPCP IT Training &amp; Employment<br/><b>*FREE*</b></p> <p><b>3.30-6.00<br/>After School Club</b></p>                                   | <p>11.00-3.00<br/>PPCP IT Training &amp; Employment<br/><b>*FREE*</b></p> <p><b>3.30-6.00<br/>After School Club</b></p>   | <p>11.00-3.00<br/>PPCP IT Training &amp; Employment<br/><b>*FREE*</b></p> <p><b>3.30-6.00<br/>After School Club</b></p>                            | <p>11.00-3.00<br/>PPCP IT Training &amp; Employment<br/><b>*FREE*</b></p> <p><b>3.30-6.00<br/>After School Club</b></p>                               | <p>2.00-3.30<br/>Code Club (8-14)<br/><b>*FREE*</b></p> <p><i>Rooms for hire</i></p>                         | <p><i>Rooms for hire<br/>10.30-8.00 pm</i></p> |
| <b>EVENING</b>   | <p><b>6.30-8.30<br/>Youth Club (11+)<br/><b>*FREE*</b></b></p> <p>7.00-9.30<br/>PPCP Youth IT Training &amp; Photoshop Class<br/><b>*FREE*</b></p>   | <p>6.30-8.30<br/>Choir</p> <p>7.00-9.30<br/>PPCP Youth IT Training (online)<br/><b>*FREE*</b></p>   | <p><b>6.30-8.30<br/>Youth Club (11+)<br/><b>*FREE*</b></b></p> <p>7.00-9.30<br/>PPCP Youth IT Training (online)<br/><b>*FREE*</b></p>   | <p>6.30-8.00<br/>Kuk Sool martial arts (Fee)</p> <p>7.00-9.30<br/>PPCP Youth IT Training<br/><b>*FREE*</b></p>                                     | <p><b>Closed</b></p>  | <p><i>Rooms for hire<br/>10.30-10.00 pm</i></p>  | <p><i>Rooms for hire<br/>10.30-8.00 pm</i></p> |