

PROGRAMME OF ACTIVITIES – Autumn 2021

Main Hall and rooms available for hire weekdays, evenings and weekends.
For more details contact info@elizabeth-house.org.uk or call 020 7690 1300.
<https://elizabeth-house.org.uk>

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	<p>9.30-10.30 Aerobics (Fee)</p> <p>10.00-11.15 Toddler ballet (Fee)</p> <p>11.30-1.00 Women's support group *FREE*</p> <p>10.30-11.30 Tiny Time (Fee)</p> <p>9.30-2.30 Help On Your Doorstep</p>	<p>9.30-10.45 Community Yoga with Mel (Fee)</p> <p>10.00-11.00 German Baby 'Sing along' (Fee)</p> <p>11:00-2:00 Community Food Hub (Contact us if you need support)</p>	<p>9.30-10.30 Women Only Fitness *FREE*</p> <p>10.45-12.45 Reading Group *FREE*</p> <p>11.00-2.00 <i>Blue House Club (over 50's)</i> *FREE*</p>	<p>10.30-3.00 NLFS (closed group)</p> <p>9.30-11.00 Martin Avril Toddler group (Fee)</p> <p>11.15-12.45 Toddler Ballet (2-4) (Fee)</p>	<p>9.30-10.30 Women Only Fitness *FREE*</p> <p>11.00-1.30 <i>Lunch and Play (early years)</i> *FREE* Back soon!</p>	<p>10.00-12.00 Sports School (2-6) (Fee)</p> <p>11.00-12.00 Spanish Baby and Toddler Group (Fee)</p>	<p><i>Rooms for hire 10.30-8.00 pm</i></p>
Afternoon	<p>11.00-3.00 PPCP IT Training & Employment *FREE*</p> <p>3.30-6.00 After School Club</p>	<p>11.00-3.00 PPCP IT Training & Employment *FREE*</p> <p>3.30-6.00 After School Club</p>	<p>11.00-3.00 PPCP IT Training & Employment *FREE*</p> <p>3.30-6.00 After School Club</p>	<p>11.00-3.00 PPCP IT Training & Employment *FREE*</p> <p>3.30-6.00 After School Club</p>	<p>11.00-3.00 PPCP IT Training & Employment *FREE*</p> <p>3.30-6.00 After School Club</p>	<p>2.00-3.30 Code Club (8-14) *FREE*</p> <p><i>Rooms for hire</i></p>	<p><i>Rooms for hire 10.30-8.00 pm</i></p>
Evening	<p>6.30-8.30 Youth Club (11+) *FREE*</p> <p>7.00-9.30 PPCP Youth IT Training *FREE*</p>	<p>7.30-9.00 Choir</p> <p>7.00-9.30 PPCP Youth IT Training (online) *FREE*</p>	<p>6.30-8.30 Youth Club (11+) *FREE*</p> <p>7.00-9.30 PPCP Youth IT Training (online) *FREE*</p>	<p>6.30-8.00 Kuk Sool martial arts (Fee)</p> <p>7.00-9.30 PPCP Youth IT Training (online) *FREE*</p>	<p>Closed</p>	<p><i>Rooms for hire 10.30-10.00 pm</i></p>	<p><i>Rooms for hire 10.30-8.00 pm</i></p>